



Core Values Goal Setting

A guide to align your goals
with your core values



Know Your Values Build Your Goals

Guide: Use the examples provided to complete your why and core values

Examples Why

Experiences:

- Travel the world
- Spend more time with family
- Give to charity
- Be my own boss
- Enjoy my job

Things

- Sports car
- Beach house
- Yatch
- Expensive clothes

Example Core Values

- Honesty
- Family first
- Loyal
- High- energy
- Respectful
- Spiritual
- Adventurous
- Successful
- Ambitious
- Friendly
- Kind

Your Why

Your Core Values

Example

